

**Amendments to the Specification:**

Please replace paragraph [0032] with the following amended paragraph:

**[0032]** The isolation transformers T1, T2 and T3 are sized to convert the voltages provided by transistors Q1, Q2 and Q3 to a final desired output level. In one embodiment, the ~~transistors~~ transformers T2 and T3 are sized to provide a maximum output voltage of 20 volts, and the isolation transformer T1 has a turns ratio to provide 50% of that value, namely 10 volts, based on a maximum 9 volt input signal.

Please replace paragraph [0055] with the following amended paragraph:

**[0055]** The fifth possible mode of operation of the present invention is "Meditation Mode", which is selected through the Meditation Mode switch 59. In meditation mode, the control unit progresses successively through lung breathing mode, abdominal breathing mode and exercise breathing mode for the duration of the treatment time. For example, if the treatment time of 15 minutes is selected, the control unit 18 will perform approximately three and a half minutes of each ~~lung~~ lung and abdominal breathing mode, then 9 minutes of exercise mode. If the treatment time is 20 minutes, then the unit will perform about four minutes each of Lung and Abdominal Mode, followed by 12 minutes of exercise mode. If the treatment time is 25 minutes, then the unit will perform about 5 minutes each of lung and Abdominal mode, followed by 15 minutes of exercise mode. Meditation mode is intended for use by persons who have mastered the lung, abdominal and exercise modes independently, in order to provide the benefits of these three modes.